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**January is Stalking Awareness Month**

January is National Stalking Awareness Month, a time to focus on a crime that affects 3.4 million victims a year. This year's theme—"Stalking: Know It. Name It. Stop It."—challenges the nation to fight this dangerous crime by learning more about it.

Stalking is a crime in all 50 states and the District of Columbia, yet many victims and criminal justice professionals underestimate its seriousness and impact. In one of five cases, stalkers use weapons to harm or threaten victims, and stalking is one of the significant risk factors for femicide (homicide of women) in abusive relationships. Victims suffer anxiety, social dysfunction, and severe depression at much higher rates than the general population, and many lose time from work or have to move as a result of their victimization.

Stalking is difficult to recognize, investigate, and prosecute. Unlike other crimes, stalking is not a single, easily identifiable crime but a series of acts, a course of conduct directed at a specific person that would cause that person fear. Stalking may take many forms, such as assaults, threats, vandalism, burglary, or animal abuse, as well as unwanted cards, calls, gifts, or visits. One in four victims reports that the stalker uses technology, such as computers, global positioning system devices, or hidden cameras, to track the victim's daily activities. Stalkers fit no standard psychological profile, and many follow their victims from one jurisdiction to another, which makes it difficult for authorities to investigate and prosecute their crimes.

Communities that understand stalking, however, can support victims and combat the crime. For more information, please contact Haven House.

For additional resources to help promote National Stalking Awareness Month, please visit <http://stalkingawarenessmonth.org> and [www.ovw.usdoj.gov](http://www.ovw.usdoj.gov).

Upcoming Events:

*January is Stalking Awareness Month*

*February is Dating Violence Awareness Month*

If you would like to learn more on these topics contact your local Haven House office for information on the presentations and educational materials we can provide to you, your school, organization, business, etc.

Visit our NEW website

[www.havenhousefsc.com](http://www.havenhousefsc.com)

Haven House  
wishes you and  
your loved ones  
peace in the  
New Year!



### New ways for teens to reach out for help with dating violence

On September 27, loveisrespect.org, a partnership between the National Dating Abuse Helpline and Break the Cycle, announced the nation's first dating abuse texting service. Teens and 20-somethings can now ask questions about healthy relationships simply by texting "loveis" to **77054** to directly connect to a peer advocate.

Vice President Joe Biden premiered the service on September 26, sending the first text to peer advocate Whitney Laas, thanking loveisrespect.org advocates for their work to end dating abuse.

An additional feature of the brand's re-launch is the updated website. The new site contains interactive quizzes as well as expanded information about LGBTQ dating, legal support and digital abuse. As always, the innovative online chat is still accessible through the website. Also as an added feature, young adults will now be able to receive services 24 hours a day, seven days a week... [www.loveisrespect.org](http://www.loveisrespect.org)

### Teen Dating Relationship Red Flags

- Tells you he or she can't live without you.
- Blames you for his/her problems.
- Breaks or hits things to intimidate you.
- Your weight, appearance, or grades have changed dramatically since you started seeing the person.
- Threatens to hurt himself/herself or others if you break up with him/her.
- The person you are dating acts jealous, says jealous things, or exhibits aggressive behaviors towards you.
- Pressures you into having sex, or forces you to do sexual things you don't want to do by saying, "If you really loved me you would..."
- Humiliates you and belittles your opinions.
- Slaps or shoves you in a seemingly playful way, but it happens often and doesn't seem right.
- Is jealous and possessive about the time you spend with your friends.
- Is constantly checking up on you, and asking where you are and what you are doing?
- Has severe mood swings or constant bad moods.
- Wants to limit your other school activities, so you can "be together more."
- Frightens you and you worry about how he'll /she'll react to things you say or do.
- Wants your relationship to get serious too quickly, and he/she refuses to take "no" for an answer.
- Blames past bad relationships on everything or everybody else instead of accepting any of the responsibility.
- Abuses drugs or alcohol and pressures you to take them with him/her when you don't want to.
- Thinks that men should be in control and women should do what they are told.

**February is Teen Dating Awareness Month, contact Haven House at 402-375-5433 to set up educational presentations at your school or parent group.**

### 2011 Calendar Year Statistics

- Haven House provided services to a total of **288** individuals. Emergency shelter services were provided to a total of **82 (31 adults & 51 children)** equaling a total of **432** nights, **1,631** shelter beds and **4,893** meals.
- **95** Community Education Programs have been provided to a total audience of **1,972**.
- In 2011 our volunteers have contributed a total of **10,305** hours! A **BIG** thank you to all our amazing volunteers.

## Agency Highlights!

- Haven House, GAMMA (Greeks Advocating Mature Management of Alcohol), and Theta Phi Alphas sorority put together a float for the Wayne State College Homecoming Parade. Awareness materials were thrown out. Michelle Meyer (WSC Counseling Center) and Christina Bargholz (Haven House) put on the Domestic Violence Awareness Candle Light Vigil on October 13<sup>th</sup> where Mayor Ken Chamberlain read the Domestic Violence Awareness Month Proclamation – declaring October Domestic Violence Awareness Month. The Mayor also read and signed the Proclamation on October 3<sup>rd</sup> during the City Council Meeting.



- Haven House's Criminal Justice Liaison and Prevention Specialist along with Wayne County Sherriff, LeRoy Janssen and Dixon County Deputy Tom Decker attended "Aging with Dignity and Safety: Strategies for Communities Combating Elder Abuse." This two and one half day training was held in San Antonio, Texas. The training was presented by the Office on Violence Against Women, U.S. Dept. of Justice, in partnership with Battered Women's Justice Project and NCALL.
- South Sioux City Shelter Manager attended "Understanding and Responding to Domestic Violence, Sexual Assault, and Stalking" presented by the Nebraska State Patrol.
- Haven House's Criminal Justice Liaison and Program Coordinator attended "Advocacy with Women Who Face Losing Their Children" in St. Paul, Minnesota. This two day training was provided by Praxis International.

## haven house REVIEW

- The Tau Kappa Epsilon Fraternity (TKE) hosted their fourth annual Beauty and the TKE fundraiser (pictured below) for Haven House. TKE members dressed in women's clothing and participated in a variety of categories, swimsuit, formal wear, talent, and interview. Audience members voted for the winner. Haven House Prevention Specialist presented on Haven House services while Officer Dominic Consoli of the Wayne Police Department spoke on Domestic Violence.



- Because of the generosity of donors, baskets were given to families with all the items needed for a Thanksgiving dinner (pictured to the left), as well as Christmas gifts for many families.
- Pizza Hut in Hartington did a fundraiser for Haven House on November 9th. 20% of sales that day went to Haven House. Thank you to those that participated in the fundraiser!

### **Volunteers Needed!**

Haven House is always looking for volunteers to assist with crisis line, shelter advocacy, outreach, office support and public awareness events. Contact your local Haven House office to learn more about volunteering and where your talents could best be utilized.

## Wish List

Due to limited storage, if you have any items you would like to donate that are not on our Wish List please call first. Thank You.

- |                               |  |                                     |
|-------------------------------|--|-------------------------------------|
| ◇ Paper Shredder              | <b><u>Shelter &amp; Client Needs</u></b> | ◇ Fabric Softener Sheets            |
| ◇ Multi-Purpose Cleaners      | ◇ Bathroom Rugs                          | ◇ Women's undergarments (sizes 6/7) |
| ◇ Garbage Bags (tall kitchen) | ◇ NEW Toddler Car Seat                   | ◇ Pajamas - all sizes               |
| ◇ Paper Products              | ◇ Diapers (sizes 5)                      | ◇ New Full & Twin Sheets            |
| ◇ Phone/Gift Cards            | ◇ NEW Pack N Play                        | ◇ Shampoo & Conditioner             |
| ◇ Stamps                      | ◇ Laundry Detergent                      | ◇ Clock Radio                       |

We recycle Cellphones & Ink Cartridges to raise funds to assist with client needs.

### Staff:

Nancy Cederlind—Executive Director  
 Ilene Nichols—Shelter Manager  
 Christina Bargholz—Program Coordinator  
 Rebecca Onderstal—Prevention Specialist  
 Miranda Becker—Criminal Justice Liaison  
 Stephanie Charron—Shelter Supervisor  
 Amber Popovitz—Enhanced Services Advocate  
 Mary Rose Wattier—Client Advocate

### Board Of Directors:

Laura Dendinger—President  
 Daryl Wilcox—Vice President  
 Dennis Lipp—Treasurer  
 Lance Webster—Secretary  
 Susan Koranda  
 Scot Ford  
 Mary Bose

### Haven House Offices

PO BOX 44, 509 Dearborn  
 Wayne, NE 68787

117 E. 28th Street  
 South Sioux City, NE 68776

PO BOX 482, 407 N Broadway  
 Hartington, NE 68739

### Haven House Donation Form

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Your gift of \$25 provides one night of safe shelter for an adult and a child. How many nights can you provide?

\_\_\_\$1000 \_\_\_\$500 \_\_\_\$250 \_\_\_\$100 \_\_\_\$50 \_\_\_\$25 \_\_\_Other \$ \_\_\_\_\_

This gift is in \_\_\_ honor of or in \_\_\_ memory of \_\_\_\_\_

May we list your name in the newsletter for donor recognition? \_\_\_ YES \_\_\_ NO

Please make checks payable to **Haven House**.

Your contribution will support services for survivors of domestic and sexual violence. Haven House is a nonprofit agency.

Gifts are tax-deductible within the extent of the law. Federal Tax ID #47-0611454.

**Thank you for your support.**

**Please return to: Haven House, PO Box 44, 509 Dearborn, Wayne, NE 68787**

## Haven House Extends Thanks to the Following Donors

September 23rd 2011—December 31st 2011

### Individuals :

Josh, Sam, Jordan Anderson	Marie George Katherine & Mike Gecewich	Ken & Jean Loberg Lucile Luhr Barb McLarty	Duane Thomson Charles Tramp Family Katie & Tony Tramp
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Deloris Felt Lawrence & Julia Fuchs	Debbie Lierman Kenneth Liska		
JoAnn Garney			

*We apologize if your name has been inadvertently omitted or incorrectly listed, Please contact us at 402-375-5433.*

## Haven House Extends Thanks to the Following Donors

### Businesses and Organizations:

Ameritas Life Insurance Corp.	Preceptor Delta Epsilon Chapter	Tau Kappa Epsilon
Arnie's Ford - Wayne	Presbyterian Church USA-Wakefield	Theta Phi Alpha
Children of First Lutheran—SSC	Quality Foods—Wayne	Toys for Tots
Christ Lutheran Church—Wisner	Randolph Womens Club	Trinity Lutheran Church—
Christians Caring—Coleridge	Salem Lutheran Church— SSC	Hartington
Curves—SSC	Skinny's Corner Bar	United Methodist Women - Carroll
SSC schools Criminal Justice Group	St. Andrew's Altar Society— Bloom-	United Methodist Quilters - Wausa
Emerson Betterment Committee	field	United Methodist Church— Laurel
Faith Lutheran Church—Maskell	St. Boniface Ladies Guild—Fordyce	United Lutheran Church—Laurel
Fireman Auxiliary— SSC	St. Boniface Catholic Church-	Vakoc Construction
First Lutheran Church—Allen	Menominee	Vishay Dale Electronics
First Lutheran Ladies— SSC	St. Jane Frances PCCW & Rel. Ed.	Wakefield Dental Practice
First Lutheran Women ELCA— SSC	St. John the Baptist Church—	Wayne Canasta Club
First United Methodist Church -	Fordyce	Wayne High School FBLA
Wayne	St. John Lutheran Church— Ran-	Wayne-Dixon Chapter Thrivent Fi-
First United Methodist UMW—	dolph	nancial for Lutherans
Wayne	St. Joseph Parish Ladies Guild— Con-	Wayne Mercy Medical
Jim & Barb Fish	stance	West Catholic Elementary— Fordyce
Grace Lutheran Church—Wayne	St. Luke's Church—Emerson	WEOPA
Great West Casualty Co.	St. Mary's Church—Osmond	Winside School Youth Leadership
Hartington Bunko Babes	St. Mary's Ladies Guild- Osmond	Women of ELCA Immanuel Luther-
Holy Trinity Church—Hartington	St. Mary's Church—Wayne	an Church- Coleridge
Holy Family Church of Cedar County	St. Mary's Altar Society - Laurel	WSC Circle K
Homer American Legion Post 97	St. Michael's Church - Coleridge	WSC PRIDE & S.P.O.R.T.S Clubs
Immaculate Conception Church—	St. Paul Church—Emerson	<b><u>In Memory:</u></b>
St. Helena	St. Paul Lutheran Church Ladies	Sharon Maul—In Memory of June
Iowa-Nebraska Bank—SSC	Aid—Concord	Blankenship
John Huss Presbyterian Church –	St. Paul United Methodist Church—	Albert & Janelle Nelson—In
Thurston	SSC	Memory of Rosalie Meyer
Long Lines	St. Paul Lutheran Church—Homer	Leon May— In Memory of unborn
Majestic Theater	St. Paul Methodist Church—SSC	babies killed by abortion
Nebraska District 6 Probation	St. Peter & Paul CCW— Bow Valley	Craig & Delores Hansen - In
Our Savior Lutheran Church—	St. Rose Of Lima Ladies Guild—	Memory of Keely Schroeder
Wayne	Crofton	Nancy Reinhardt - In Honor of
Pizza Hut— Hartington	Subway-Pender	Wayne Mercy Medical Clinic Staff
	The Oaks	